

# HOLY TRINITY ORTHODOX CHURCH

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A parish of the American Carpatho-Russian Orthodox Diocese of North America · Ecumenical Patriarchate of Constantinople

## Feeding Hungry Jesus: HTOC Grocery List



### “I was hungry, and you fed me...”

Jesus told us that how we treat those in need is how we treat him (Matthew 25:31-46). He also taught us to give alms as one way of acting on his command to love our neighbors as much as we love ourselves (Matthew 6:1-4, Mark 12:31). Following up on his word, our church has set up a parish charity bin to collect non-perishable groceries for **People Helping People in Hernando County** (phphernando.org), which lends a helping hand to the needy and the homeless in our area. Won't you please make a holy habit of bringing at least one of these items to church each Sunday as part of your offering to God?

<b>Bags of...</b>	<b>Boxes of...</b>	<b>Cans of...</b>	<b>Jars of...</b>
Rice	Breakfast cereal	Fish	Jam
	Granola bars	Fruit	Jelly
	Macaroni and cheese	Meat	Pasta sauce
	Oatmeal	Soup	Peanut butter
	Pancake mix	Vegetables	
	Pasta		

**Handy tip:** Keep an eye out for these items in the BOGO (buy one, get one) bins at your local supermarket. Then you can double the impact of your almsgiving!

**“Blest are those ready to help the poor; in hard times God repays their care.”**

Psalm 41:1

**“Don't forget to do good and share what you have, for such sacrifices please God.”**

Hebrews 13:16